Department	International College of Liberal Arts		
Semester	Spring 2023	Year Offered (Odd/Even/Every Year)	Every Year
Course Number	PSYC250		
Course Title	Psychopathology		
Prerequisites	PSYC100 Introduction to Psychology OR PSYC150 Introduction to Psychobiology		
Course Instructor	LAW Wai Him Crystal	Year Available (Grade Level)	2
Subject Area	Sociology & Psychology	Number of Credits	3
Class Style	Lecture	Class Methods	Face to face

(NOTE 1) Class Methods are subject to change

(NOTE 2) Depending on the class size and the capacity of the facility, we may not be able to accommodate all students who wish to register for the course"

Course Description	This course provides an in-depth exploration of psychological disorders and their diagnosis, etiology, and treatment. Topics will be covered using a variety of educational materials including clinical vignettes, documentary videos, and recent peer-reviewed articles. The course is organized around the Diagnostic and Statistical Manual of Mental Disorders (DSM-5-TR). Class Structure Each mental health disorder will be covered with a focus on prevalence, subtypes, etiology, prevention, and treatments. The specific subtype for deeper exploration will be selected based on student survey results from week 1.
Class plan based on course evaluation from previous academic year	For every semester, this course will be evaluated and reflect upon student course evaluation and feedback.
Course related to the instructor's practical experience (Summary of experience)	Not applicable

Learning Goals	By the end of the course, students should be able to: · Identify the diagnostic feature of the mental disorders covered in class · Demonstrate an understanding of the impact of psychopathology and stigma on patients and their families · Describe the etiology and various clinical interventions for mental disorders · Analyze and evaluate research methodologies used in the study of psychopathology

iCLA Diploma Policy	DP1／DP2／DP3／DP4

iCLA Diploma Policy

(DP1) To Value Knowledge - Having high oral and written communication skills to be able to both comprehend and transfer knowledge

(DP2) To Be Able to Adapt to a Changing World - Having critical, creative, problem-solving, intercultural skills, global and independent mindset to adopt to a changing world

(DP3) To Believe in Collaboration - Having a disposition to work effectively and inclusively in teams

(DP4) To Act from a Sense of Personal and Social Responsibility - Having good ethical and moral values to make positive impacts in the world

Active Learning Methods	Group discussions, Debates, Case studies
Use of ICT in Class	UNIPA Platform, ChatGPT
Use of ICT outside Class	UNIPA Platform, ChatGPT
Expected study hours outside class	It is expected that students spend 5 hours every week (a total of 75 hours across 15 weeks) to cover all required readings, review, and preparation for the assessments.
Feedback Methods	(1) Correct answers to the exams will be discussed in class. (2) Feedback will be provided on the written assignment. (3) Any additional comment or advice will be given as requested. Students should arrange individual meetings with the instructor.

Grading Criteria		
Grading Methods	Grading Weights	Grading Content
Midterm Exam	30%	Half-open book exam with multiple-choice and/or short-answer questions.
Final Exam	30%	Half-open book exam with multiple-choice and/or short-answer questions.
Written Assignment	30%	Clinical case or research vignette on a mental disorder and its treatments.
Class Participation	10%	

Required Textbook(s)	・Lecture notes
Other Reading Materials/URL	・Abnormal Psychology: An Integrative Approach (8th edition, 2017), by David H. Barlow and V. Mark Durand. Publisher: Cengage Learning. ・URLs to supplementary materials, including documentaries, videos, websites, and references, will be provided throughout the course as lessons are introduced.
Plagiarism Policy	Students are expected to maintain academic integrity and to follow the university's academic integrity policy. Any form of academic dishonesty, including plagiarism, cheating, or fabrication of data, will not be tolerated. Use of ChatGPT and AI tools is allowed with proper citation, else it's academic misconduct. Guidelines for citations will be provided by the course lecturer. Students who are found to have committed academic dishonesty will receive a grade of 0 for that assignment/exam and may face further disciplinary action.
Other Additional Notes	(1) Classroom Conduct: All students are expected to conduct themselves in a professional and respectful manner in the classroom. (2) Additional Support: Students can schedule appointments with the instructor for extra assistance through email, in-person meetings on campus, or Zoom (specific scheduling methods to be announced in class). (3) Language Support: The instructor is fluent in both English and Japanese (日本語), in both written and spoken forms.

(NOTE 3) Class schedule is subject to change

Class Schedule	
Class Number	Content

Class 1	(A) Introduction
	    (A1) Course and assessment overview
	    (A2) Anonymous mental health survey
	    (A3) Continuum between mental health and mental disorders
	    (A4) Historical context of psychological disorders

Class 2	(A) Introduction
	    (A5) Stigma, misconceptions, and myths surrounding mental disorders
	    (A6) Mental health research field
	    (A7) Introduction to mental health professions

Class 3	(B) Psychopathology, Clinical Assessment, and Diagnosis
	    (B1) Integration of genetic, neuroscience, and cognitive behavioral paradigms
	    (B2) Cultural, social, and interpersonal factors in psychopathology

Class 4	(B) Psychopathology, Clinical Assessment, and Diagnosis
	    (B3) DSM and ICD-CM diagnostic systems
	    (B4) Psychological and neurobiological assessment methods

Class 5	(C) Mood Disorders (C1) Depressive disorders
Class 6	(C) Mood Disorders (C2) Bipolar disorders
Class 7	(D) Other Clinical Focus Areas (D1) Suicidal behavior and non-suicidal self-injury (NSSI)
Class 8	(D) Other Clinical Focus Areas (D2) Written Assignment: Clinical vignettes assigned (due in week 12)

Class 9	(E1) Anxiety Disorders
Class 10	(E2) Anxiety Disorders
Class 11	(F) Trauma-related Disorders and Obsessive-compulsive-related Disorders (F1) Trauma- and stressor- related disorders
Class 12	(F) Trauma-related Disorders and Obsessive-compulsive-related Disorders (F2) Obsessive-compulsive and related disorders
Class 13	(G1) Substance-related and Addictive Disorders
Class 14	(G2) Substance-related and Addictive Disorders
Class 15	(H1) Mid-term exam Revision
Class 16	(H2) Mid-term exam

Class 17	(I) Eating Disorders (I1) Anorexia nervosa, bulimia nervosa
Class 18	(I) Eating Disorders (I2) Binge eating disorder
Class 19	(J) Dissociative Disorders and Somatic Symptom-related Disorders (J1) Dissociative identity disorder
Class 20	(J2) Dissociative Disorders and Somatic Symptom-related Disorders
Class 21	(K) Schizophrenia (K1) Positive, negative, and disorganized symptoms
Class 22	(K) Schizophrenia (K2) Other schizophrenia spectrum disorders
Class 23	(L) Personality Disorders (L1) Borderline personality disorder
Class 24	(L) Personality Disorders (L2) Antisocial personality disorder and psychopathy

Class 25	(M1) Sexual Disorders
Class 26	(M2) Sexual Disorders
Class 27	(N1) Late Life and Neurocognitive Disorders
Class 28	(N2) Late Life and Neurocognitive Disorders
Class 29	(O) Wrap up (O1) Families of people with mental disorders
Class 30	(O) Wrap up (O2) Final exam revision