

Department	International College of Liberal Arts		
Semester	Spring 2023	Year Offered (Odd/Even/Every Year)	Every Year
Course Number	PART180		
Course Title	Workshop: Acting 1		
Prerequisites	None		
Course Instructor	BERWANGER Paula	Year Available (Grade Level)	1
Subject Area	Interdisciplinary Arts: Performing Arts	Number of Credits	1
Class Style	Workshop	Class Methods	Face to face

(NOTE 1) Class Methods are subject to change

(NOTE 2) Depending on the class size and the capacity of the facility, we may not be able to accommodate all students who wish to register for the course"

Course Description	<p>The main focus of Acting I is 1-on-1 Scene Work.</p> <p>This Performance course explores theatrical principles and the Drama Method to develop a basic grasp on the fundamentals of acting. This course will use voice, speech, and physical exercises, improvisation, text/subtext analysis and scene work to develop a sense of self-awareness, truthful spontaneity, and the ability to "Talk and Listen" with others on stage within specific theatrical circumstances. The interdisciplinary skills of critical thinking and analysis, communication, economy of expression and movement, and detail-oriented observation will merge in the creative and imaginative world of the stage. Students will explore character and scene circumstances as defined by socio-economic status, cultural/political factors, tactics, objectives, obstacles and style. Using focus and concentration exercises and play, students will learn to perform simply and honestly with fellow actors.</p> <p>There will also be regular in-class discussions about the reading and class participation is the largest portion of the grading.</p> <p>Students will perform scenes in pairs. A midterm performance will take place in Week 7, with a Final Performance in Week 10. Depending on certain conditions (i.e. the number of Students), these two performances may be with different scenes and pairs. Students will be required to rehearse both in and outside of class. Rehearsal logs will be submitted for evaluation on the week of their performance. All scenes for performances should be MEMORIZED.</p> <p>Classes will start with a physical warm-up and breathing exercises followed by lectures and discussions of daily topics and assigned readings. Theatre games, acting exercises and rehearsals will follow to provide practical application of concepts covered.</p>
Class plan based on course evaluation from previous academic year	None
Course related to the instructor's practical experience (Summary of experience)	Paula Berwanger is an actress and performer who has been working professionally in Theatre, Film, and Television. She started training in theater at the age of eight and received a Bachelor's degree in Film Studies from the Pontifical Catholic University of Rio de Janeiro. She is certified as a professional actor trained in Meisner Technique by the William Esper Studio, in New York, and has attended a theater directing program at Yale University.

Learning Goals	At the end of this course, you will be able to (i) analyze a character's given circumstances within a script to prepare playable objectives and attributes, (ii) build trust, ease and confidence performing and speaking in front of others, and (iii) gain new perspectives by making connections between acted roles (character, topic) and one's own academic field and studies.
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iCLA Diploma Policy	DP1/DP3
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iCLA Diploma Policy

(DP1) To Value Knowledge – Having high oral and written communication skills to be able to both comprehend and transfer knowledge

(DP2) To Be Able to Adapt to a Changing World – Having critical, creative, problem-solving, intercultural skills, global and independent mindset to adopt to a changing world

(DP3) To Believe in Collaboration – Having a disposition to work effectively and inclusively in teams

(DP4) To Act from a Sense of Personal and Social Responsibility – Having good ethical and moral values to make positive impacts in the world

Active Learning Methods	Discussion, Debate/Group Work/Presentation/Workshop, Fieldwork
Use of ICT in Class	None
Use of ICT outside Class	None
Expected study hours outside class	Along with weekly reading assignments (20–30 min), students will also be required to rehearse and prepare for performances outside of class. Rehearsal Logs must be kept during weeks leading up to presentations. Students will be required to rehearse 2–3 times (1–2 hours) per week starting Week 4.
Feedback Methods	Students will have ample opportunities to ask for feedback in class. There will also be several in-class rehearsals for mid-term and final projects where students can ask questions and get performance direction.

Grading Criteria		
Grading Methods	Grading Weights	Grading Content
Class Participation	40%	
Weekly Assignments	20%	
Mid-Term Performance	20%	
Final Performance	20%	

Required Textbook(s)	A Practical Handbook for the Actor by Melissa Bruder, Lee Michael Cohn, Madeleine Olnek and Nathaniel Pollack. Vintage. (1986) (any edition should be fine)
Other Reading Materials/URL	None
Plagiarism Policy	Plagiarism is the dishonest presentation of the work of others as if it were one's own. Duplicate submission is also treated as plagiarism. Depending on nature of plagiarism you may fail the assignment or the course. Repeated act of plagiarism will be reported to the University which may apply additional penalties.
Other Additional Notes	None

(NOTE 3) Class schedule is subject to change

Class Schedule	
Class Number	Content
Class 1	WEEK 1: Introduction Overview of course, expectations, goals and performance schedule. Vocal, breathing and relaxation exercises to introduce speaking from the diaphragm, voice placement and resonance. Discussion of purpose. Theatre games and exercises to build focus, awareness, and concentration. Introduce basic theatre vocabulary and terminology.
Class 2	WEEK 1: Introduction Overview of course, expectations, goals and performance schedule. Vocal, breathing and relaxation exercises to introduce speaking from the diaphragm, voice placement and resonance. Discussion of purpose. Theatre games and exercises to build focus, awareness, and concentration. Introduce basic theatre vocabulary and terminology.
Class 3	WEEK 2: Drama Exercises and Awareness Relaxation exercises, vocal and physical warm-ups with theatre games that develop focus, awareness, and connection with others on stage. "Talk and Listen" concepts and begin cold reading scenes with a focus on choice-based acting that is truthful and simple. Observation assignment.
Class 4	WEEK 2: Drama Exercises and Awareness Relaxation exercises, vocal and physical warm-ups with theatre games that develop focus, awareness, and connection with others on stage. "Talk and Listen" concepts and begin cold reading scenes with a focus on choice-based acting that is truthful and simple. Observation assignment.
Class 5	WEEK 3: Acting Basics Physical and vocal warm-ups with games and exercises to develop spontaneity and reaction. Presentation of observation assignment with class critique. Character development and the concepts of objective and super-objective. Continue cold reading exercises focusing on commitment to character choices, physical action (based on 9 points outlined in the Practical Handbook), listening, and reacting. Scene assignments with basic analysis.
Class 6	WEEK 3: Acting Basics Physical and vocal warm-ups with games and exercises to develop spontaneity and reaction. Presentation of observation assignment with class critique. Character development and the concepts of objective and super-objective. Continue cold reading exercises focusing on commitment to character choices, physical action (based on 9 points outlined in the Practical Handbook), listening, and reacting. Scene assignments with basic analysis.
Class 7	WEEK 4: Scene Work – Basics Physical and vocal warm-ups. Theatre games focusing on group interaction, reaction and physical communication. Stanislavski's system and concept of AS IF. How to conduct a 3-Step practical scene analysis – do in pairs with given scenes. In-class rehearsals of the first half of the scenes, focus on stage movement and picture. Outside of Class Rehearsal / Rehearsal Log Assignment start.
Class 8	WEEK 4: Scene Work – Basics Physical and vocal warm-ups. Theatre games focusing on group interaction, reaction and physical communication. Stanislavski's system and concept of AS IF. How to conduct a 3-Step practical scene analysis – do in pairs with given scenes. In-class rehearsals of the first half of the scenes, focus on stage movement and picture. Outside of Class Rehearsal / Rehearsal Log Assignment start.

Class 9	WEEK 5: Rehearsals – Character Development Physical and vocal warm-ups. Character work in physical and movement theatre techniques and through making different choices. Outside of Class Rehearsal / Rehearsal Log Assignment continues.
Class 10	WEEK 5: Rehearsals – Character Development Physical and vocal warm-ups. Character work in physical and movement theatre techniques and through making different choices. Outside of Class Rehearsal / Rehearsal Log Assignment continues.
Class 11	WEEK 6: Rehearsals - Timing / Character Choices Warm-ups. Scene rehearsals focusing on timing, tempo and “Moments of Stillness”. Confirmation of character choices including movement. Dialogues must now be off book. Rehearsal Logs assignment due in next class along with performances.
Class 12	WEEK 6: Rehearsals - Timing / Character Choices Warm-ups. Scene rehearsals focusing on timing, tempo and “Moments of Stillness”. Confirmation of character choices including movement. Dialogues must now be off book. Rehearsal Logs assignment due in next class along with performances.
Class 13	WEEK 7: Performance of Scenes / Blocking and Reality on Stage Warm-ups. Performance of the scenes. Notes and peer discussion after. Discussion of blocking, theatricality, “Realistic vs. Real.”, “Purposeful Action”. Continue scene work with focus on individual character work; breaking a scene into beats. Assignment of Final Presentations. Outside of Class Rehearsal / Rehearsal Logs assignment continues.
Class 14	WEEK 7: Performance of Scenes / Blocking and Reality on Stage Warm-ups. Performance of the scenes. Notes and peer discussion after. Discussion of blocking, theatricality, “Realistic vs. Real.”, “Purposeful Action”. Continue scene work with focus on individual character work; breaking a scene into beats. Assignment of Final Presentations. Outside of Class Rehearsal / Rehearsal Logs assignment continues.
Class 15	WEEK 8: Scene Work - Talk and Listen / “What If” / Substitution / Improvisation / Changes Warm-ups. Continue scene work, focusing on “Talk and Listen” between partners. Change of tactics and substitution exercises will open up the possibilities within the scenes. Scene work using gibberish, role-switching and “What If” scenarios. Outside of Class Rehearsal / Rehearsal Logs assignment continues.
Class 16	WEEK 8: Scene Work - Talk and Listen / “What If” / Substitution / Improvisation / Changes Warm-ups. Continue scene work, focusing on “Talk and Listen” between partners. Change of tactics and substitution exercises will open up the possibilities within the scenes. Scene work using gibberish, role-switching and “What If” scenarios. Outside of Class Rehearsal / Rehearsal Logs assignment continues.

Class 17	<p>WEEK 9: Scene Work - Timing / Costumes / Props Warm-ups. Off-book scene work focusing on timing, tempo and "Moments of Stillness". Discussion on the use of costumes and props to flesh out scenes and characters. Rehearsal Logs assignment due in the next class along with performances.</p>
Class 18	<p>WEEK 9: Scene Work - Timing / Costumes / Props Warm-ups. Off-book scene work focusing on timing, tempo and "Moments of Stillness". Discussion on the use of costumes and props to flesh out scenes and characters. Rehearsal Logs assignment due in the next class along with performances.</p>
Class 19	<p>WEEK 10: Final Performances Warm-ups. Final rehearsals to reinforce "Talk and Listen", natural reaction, playing objectives simply and truthfully. Final Performances. Final class Q&A and talkback (time permitting).</p>
Class 20	<p>WEEK 10: Final Performances Warm-ups. Final rehearsals to reinforce "Talk and Listen", natural reaction, playing objectives simply and truthfully. Final Performances. Final class Q&A and talkback (time permitting).</p>